



BERKSHIRE PULSE

420 Park Street
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berkshirerpulse.org

MISSION

Berkshire Pulse is a dynamic nonprofit dance, world music and movement arts education center located in downtown Housatonic.

HUMANITIES EXPERTISE

Pulse's year-round programming provides children, teens and adults with the opportunity to engage in the joy of movement and music while learning the rewards of commitment, community involvement, and the vast benefits of artistic expression. High-caliber, professional teaching artists offer ongoing classes and workshops from beginner through advanced levels in Ballet, Modern, Jazz, Creative Dance, Choreography, Musical Theater Dance, Tap, African Dance, Flamenco, Latin Dance, Scottish Folk Dance, World Music Percussion, Hip Hop, Tai Chi, Zumba, Yoga and other fitness programs that promote health and well-being.

CONTACT

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HUMANITIES RESOURCES & PROJECTS

PROGRAMS & EVENTS

- [Performing Arts Program](#): Berkshire Pulse offers young people an opportunity to explore their own creative language while challenging their intellectual, technical, and artistic abilities. Traditional values are met using current techniques, an approach that reflects our interdisciplinary philosophy.
- [Community Classes](#): A variety of dance classes are offered to teens and adults and cater to different levels of interest and/or experience. Class offerings and schedules are listed online.
- [Summer Youth Programs](#): Young children, adolescents and teens can register to participate in one of Berkshire Pulse special summer offerings. Each program offers spacious and beautiful state of the art studios with central air conditioning, picnic lunches at Housatonic Park, and the opportunity to work with inspiring teachers and supportive staff.
- [In-school Programs](#): Pulse's In-School Programs recognize the importance of creative learning and its ability to bring dynamism to the learning process while helping children uncover their hidden talents, find their voice, and build strength and confidence. Their in-school programs also provide a learning environment that is particularly supportive of children with kinetic and auditory learning styles, a segment of the student population that is often harder to serve.
- [Tuition Assistance Program](#): Through this vital program, Pulse provides a place where all people, regardless of their economic status, can come to express themselves, connect with one another and learn how to lead a healthy, active life. Because of this program, Berkshire Pulse is able to never turn away a student for an inability to pay.
- [Young Choreographers Initiative](#): Youth today are faced with an economic, environmental and political landscape that leaves many feeling disempowered and unheard. The Young Choreographers Initiative gives young people a voice and a forum to express their viewpoints through movement. Through this project, they become ambassadors of the art form, the process, their generation, and the community in and for which it takes place.

*Additional workshops and events are listed [online](#).