



PRODUCER'S NOTE

To all Students, Faculty, and Members of the MCLA Community,

In a world of binge-watching, constant streaming and listening, and overwhelming amounts of entertainment, it can be easy to get lost in all the options. Sometimes watching mindless content is necessary to disconnect from life for a moment, but there is equal importance in expanding your scope and engaging in material that diversifies your outlook. However, seeking content that has depth and societal significance, doesn't mean we need to forfeit our need for escape and entertainment.

At MCLA-IAH, we think that is one of the most beautiful aspects of the arts and humanities - they provide an escape from our own lives while allowing us to indulge in, empathize with, or educate ourselves about another. As people, it is impossible for us to know and even understand the pain, suffering, struggle, and journeys any singular other person has gone through, but entertainment and the arts give us the opportunity to take steps to see these experiences and enlighten our minds about them. Empathy is fundamental to being human, and the more empathy we can establish towards others' unique circumstances, the more unified we as a society can become. Building empathy is the scaffolding towards reaching inclusion, diversity, equity and accessibility, and at MCLA-IAH we aim to facilitate and promote this growth at MCLA.

As a first step towards this end, we are happy to present the MCLA-IAH Resource Library. A carefully curated selection of media, entertainment, and literature, the library provides a wide range of resources that embrace the I.D.E.A. principles the Institute is founded on. From tv series with diverse casts and strong messages to plays, podcasts, and music that relay a variety of experiences, this guide is a medley of entertaining material that has significance and necessity. We hope the next time you are looking for something to watch, listen to, read, or unwind with, you will turn to this guide.

Your Friends,

Declan McDermott

Communications & Administrative Assistant

Drew Thomas Graphic Designer

MOVIES & DOCUMENTARIES





MOONLIGHT

A young African-American man struggles with his own identity and sexuality, as told through the lens of his youth, adolescence, and young adulthood.



13TH

The documentary by Ava DuVernay explores the history of racial inequality in the United States, focusing the nation's disproportionate amount of African-Americans to other races and ethnicities in prisons.



TO THE BONE

Ellen, an unruly 20-year-old anorexic girl who spent the better part of her teenage years in various recovery programs, must discover how to confront her addiction and attempt self-acceptance.



THE RAPE OF RECY TAYLOR

In 1944, African-American wife and mother Recy Taylor is gang raped by six white men in Alabama. She has the courage to speak out against her attackers, but by doing so puts herself and her family in danger.





THE HATE U GIVE

Starr is constantly switching between her poor, mostly black neighborhood and the wealthy, mostly white prep school that she attends. The balance between these worlds is shattered when she witnesses a fatal shooting at the hands of a police officer.



DISCLOSURE

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The film follows an in-depth look at Hollywood's depiction of transgender people and the impact of their stories on transgender lives and American culture.

MOVIES & DOCUMENTARIES





THE DANISH GIRL

With support from loving wife, Gerda, artist Einar Wegener prepares to undergo one of the first sex-change operations.



KIKI

In New York City, LGBTQ youth-of-color gather on the Christopher Street Pier to practice the performance-based art form Ballroom.





SELMA

Although the Civil Rights Act of 1964 legally desegregated the South, discrimination was still rampant in certain areas, making it very difficult for blacks to register to vote. In 1965, an Alabama city became the battleground in the fight for suffrage.





I AM NOT YOUR NEGRO

In 1979, James Baldwin wrote a letter to his literary agent describing his next project, "Remember This House." The book was to be revolutionary, but, at the time of Baldwin's death in 1987, he left behind only 30 completed pages of this manuscript.









ON THE BASIS OF SEX

Ruth Bader Ginsburg is a struggling attorney and new mother who faces adversity and numerous obstacles in her fight for equal rights.





I AM POTENTIAL

Born without eyes and with joints that did not properly form, Patrick is blind and forced to use a wheelchair. His father, however, will not allow his disabilities to stop him from achieving his dream of joining a marching band.



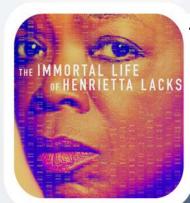
MOVIES & DOCUMENTARIES





BOMBSHELL

The real story of three whip-smart, ambitious, strong women who anchored one of America's most powerful news networks -- becoming headlines themselves when they risked everything to stand up to the man who made them famous.



THE IMMORTAL LIFE OF HENRIETTA LACKS

In 1951, cancerous cells from Henrietta Lacks lead to breakthroughs that change the face of medicine forever.





BLACK PANTHER

Faced with treachery and danger, the young TChalla must rally his allies and release the full power of Black Panther to defeat his foes and secure the safety of his people.



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PARASITE

Greed and class discrimination threaten the newly formed symbiotic relationship between the wealthy Park family and the destitute Kim clan.





HAMILTON

The original Broadway production of the award-winning musical that tells the story of Alexander Hamilton, first secretary of the treasury, blending hip-hop, jazz, R&B and Broadway styles, filmed from the Richard Rogers Theater in New York.





DO THE RIGHT THING

The story explores a Brooklyn neighborhood's simmering racial tension, which culminates in conflict and a death on a hot summer day.



TV & DOCUSERIES





ATYPICAL

Teenage Sam faces life questions about sex, relationships, independence, family and friendship as he makes his way through high school and college as an individual with autism spectrum disorder.



HOLLYWOOD

In post-World War II Hollywood, aspiring actors and filmmakers will do almost anything to make their showbiz dreams come true.



LOVE, VICTOR

Facing challenges at home, navigating the ups and downs of a new high school and exploring his sexual orientation, Victor reaches out to Simon when things become too difficult.



YOUR ATTENTION PLEASE

Exploring nine black voices that are a part of the next generation of excellence.





POSE

Set in the 1980s, 'Pose' is explores the juxtaposition of several segments of life and society in New York: the ball culture world, the rise of the luxury Trump-era universe, and the downtown social and literary scene.



TRANSITIONING

Spotlighting three individuals undergoing gender transformations.



TV & DOCUSERIES





DEFINING MOMENTS WITH OZY

Profiles of individuals as they navigate moments in their lives that forged them into the change-makers they are today.



SPECIAL

Ryan is a gay man with cerebral palsy who decides to do away with his identity as an accident victim and go after the life that he wants.



WHEN THEY SEE US

WHEN THEY SEE US

In 1989 a jogger was assaulted and raped in New York's Central Park, and five young people were subsequently charged with the crime.



TALES OF THE CITY

Mary Ann returns to her home, where she is quickly drawn back in by Anna Madrigal and her chosen family, the queer young residents of 28 Barbary Lane.





MY MAD FAT DIARY

16-year-old Rae, who has a lust for life and love, struggles with body image and mental-health. Recently released after spending four months in a psychiatric hospital, Rae wants to find love but fears that she is too big for the world.



UNBELIEVABLE

When a teen reports being raped, then recants her story, two female detectives follow evidence that could reveal the truth.



LITERATURE

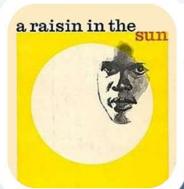




SWEAT

by Lynn Nottage

The play portrays a meeting between a parole officer and two ex-convicts, and three women who were childhood friends and had worked in the same factory.



A RAISIN IN THE SUN

by Lorraine Hansberry

The story tells of a black family's experiences in south Chicago, as they attempt to improve their financial circumstances with an insurance payout following the death of the father.



TORCH SONG TRILOGY

by Harvey Fierstein

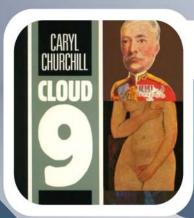
Arnold Beckoff is looking for love and acceptance, but as a gay man working as a female impersonator in 1970s New York City, neither come easily.



THE COST OF LIVING

by Martyna Majok

Eddie is an unemployed truck driver whose ex-wife, Ani, became a quadriplegic following a tragic accident; while John has cerebral palsy and has hired Jess as his caregiver.



CLOUD 9

by Caryl Churchill

A play that uses controversial portrayals of sexuality and obscene language, Cloud 9 establishes a parallel between colonial and sexual oppression.



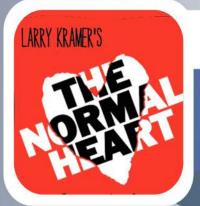
THE BROTHER/SISTER PLAYS

by Tarell Alvin McCraney

A triptych of plays around the themes of complex, interconnected relationships. The three plays in the series are: In the Red and Brown Water, The Brother's Size, Marcus; Or the Secret of Sweet.

LITERATURE





THE NORMAL HEART

by Larry Kramer

As seen through the eyes of writer/activist Ned Weeks, the gay founder of a prominent HIV advocacy group, the play focuses on the rise of the HIV/AIDS crisis in New York City between 1981 and 1984.



ANGELS IN AMERCA

by Tony Kushner

The two-part play is a complex, often metaphorical, and at times symbolic examination of AIDS and homosexuality in America in the 1980s.



BECOMING

by Michelle Obama

Michelle Obama talks about her roots and how she found her voice, as well as her time in the White House, her public health campaign, and her role as a mother.



SISSY

by Jacob Tobia

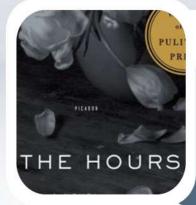
Tobia takes you on the journey of discovering their true self through experiences from their Methodist childhood to studying at Duke University and beyond.



HUNGER

by Roxane Gay

Roxane Gay writes with intimacy and sensitivity about food and bodies, using her own emotional and psychological struggles as a means of exploring our shared anxieties over pleasure, consumption, appearance, and health.



THE HOURS

by Michael Cunningham

The book concerns three generations of women affected by the classic novel Mrs. Dalloway.

LITERATURE





MRS. DALLOWAY

by Virginia Woolf

A novel by Virginia Woolf that details a day in the life of Clarissa Dalloway, a fictional woman in post-war.



DEPRESSION AND OTHER MAGIC TRICKS

by Sabrina Benaim

A poetry book that explores themes of mental health, love, and family.



HOW TO BE AN ANTIRACIST

by Ibram X Kendi

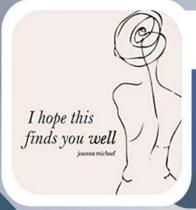
The book discusses concepts of racism and Kendi's proposals for anti-racist individual actions and systemic changes.



WHITE FRAGILITY

by Robin DiAngelo

The book explores the defensive responses white people tend to have when confronted with the topic of racism.



I HOPE THIS FINDS YOU WELL

by Joanna Michael

A collection of poetry derived from eating disorders, addiction, heartbreak and emotional healing.



AND TANGO MAKES THREE

by Justin Richardson and Peter Parnell
This children's book tells the story of two
male penguins, Roy and Silo, who create a
family together.

MUSIC & PODCASTS





TO PIMP A BUTTERFLY

Kendrick Lamar's third studio album, To Pimp a Butterfly, relays the stories, emotions, hardships, and injustices of being a Black man who grew up in America.





CUZ I LOVE YOU

A triumphant showcase of Lizzo's talent, physicality and sexuality through her unique rap and flute backgrounds.







NEXT TO NORMAL

A 2008 American rock musical with book and lyrics by Brian Yorkey and music by Tom Kitt. The story centers on a mother who struggles with worsening bipolar disorder and the effects that managing her illness has on her family.







HEDWIG AND THE ANGRY INCH

A 1998 musical about a fictional rock and roll band of the same name fronted by an East German transgender woman, with a book by John Cameron Mitchell, and music and lyrics by Stephen Trask.







CODE SWITCH

What's CODE SWITCH? It's the fearless conversations about race that you've been waiting for!







GENDER REVEAL

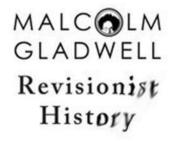
A podcast that features nonbinary, genderqueer, transgender, and queer artists, activists, and educators.





MUSIC & PODCASTS





REVISIONIST HISTORY

Revisionist History is Malcolm Gladwell's journey through the overlooked and the misunderstood. Every episode re-examines something from the past—an event, a person, an idea, a song—and asks whether we got it right the first time.



SNAP JUDGEMENT

Dramatic tales, killer beats and the edgiest new talent in storytelling come together for a weekly radio hour hosted by Glynn Washington.







REPLY ALL

The show features stories about how people shape the internet, and how the internet shapes people.



CAROLYN O MELODY BERGIER & KAMALI

DYKING OUT

Dyking Out is a podcast about lesbian / queer life, news, and pop culture.





GAYISH

Gayish is an independent gay podcast where Mike Johnson and Kyle Getz talk about a different gay stereotype each episode, from the hanky code to breakups and depression.





QUEERY

QUEERY explores individual stories of identity, personality and the shifting cultural matrix around gender, sexuality and civil rights.



MUSIC & PODCASTS



MAKING
GAY
HISTORY

MAKING GAY HISTORY

A weekly podcast that touches on the lives and experiences of the LGBTQ+ community and bringing our history to life through the voices of the people who lived it.





MAKING SENSE

Join neuroscientist, philosopher, and best-selling author Sam Harris as he explores some of the most pressing and controversial questions of our time.



ON BEING

BEING

A Peabody Award-winning podcast that explores the questions: What does it mean to be human? How do we want to live? And who will we be to each other?





THE DIVERSITY GAP

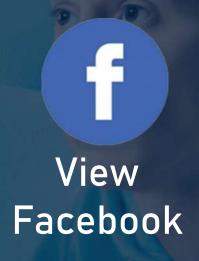
A podcast "Where good intentions meet good impact".





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